

CAROUSEL



TYPE & NATURE:

- Group activity
- In presence of trainer as part of learning session

DURATION:

Preparation of trainer - before the activity: - To watch approximately 2 hours of 'Grace & Frankie', Season 5/Episode 10

Preparation of the setting:

- The trainer creates the main topics of the lesson that will be taught. Each topic is written on a poster board (taped somewhere in the training room or online in a miro whiteboard). Each poster board is numbered.

In class: ±90 minutes.

OBJECTIVES:

The purpose of this activity is for trainees to discuss and express group perceptions and identify stereotypes which are shared collectively but can be inaccurate and overshadow diversity, resulting in influencing equity. Another objective that is served through the activity is for trainees to build or strengthen self-reflection, that it is possible to counteract stereotypes and/or respond to them within personal, individual actions.

LEARNING OUTCOMES (EASY Course Framework)- Learners:

K_01.3.4: know types of stereotype which are shared collective

S_01.6.4: indicate relationships between the stereotype (age, gender, etc.) and the way they treat others

A_01.3.4: define their own role in disseminating stereotypical evaluation of members of social groups

K_01.4.5: understand that stereotypes are a cognitive shortcut

A_01.1.5: identify stereotypes present in their socialization

K_01.3.6: know and understand that stereotypes are generalized perceptions which are exaggerated

S_01.5.6: are able to identify stereotypes which overshadow diversity

A_01.4.6: recognize that their way of viewing someone can influence equity

K_01.3.7: identify a set of formal characteristics that function as the basis for analysing new information

REOURCES & TOOLS NECESSARY:

- Access to the Series Grace and Frankie Season 5 Episode 10
- PC with internet connection, speakers, Projector
- 4 poster boards; 3-4 color marker;
- When online miro whiteboard;

SHORT DESCRIPTION:

Trainees are invited through their engagement in a group carousel activity to express their views, understand the cognitive process that results in a certain interpretation of stereotypes of age and then question their own assumptions with the aim to move forward.

IMPLEMENTATION

1. INTRODUCTION (time: 5 minutes):

The trainees are introduced to the process to be followed and are asked to form groups of 4-5. Each group will have its own color marker (or post-it on miro) and as they work upon the posters, they will write down within 3-5 minutes what they understand about the topic listed.

The suggested topics are as follows:

- a. Stereotypes of age and working environment
- b. Stereotypes of age and personal lifestyle
- c. Age & maturity
- d. Challenges in intergenerational communication

2. Carousel (time: 16-20 minutes):

Trainees "carousel" from poster to poster, they are recording their ideas accompanied by their group mates' details and illustrations.

3. Stop and think (time: 20 minutes):

When all groups have completed the posters, the class will discuss each of the topics and determine which responses need clarity or what led to the specific assumptions.

4. MOVIE TIME (time: 27 minutes):

The trainees watch all together a provocative episode from the Netflix TV series Grace & Frankie.

5. CAROUSEL VOL.2 (time: 15 minutes):

The class in groups again will discuss and review their initial responses in each of the topics and will highlight potential

- contradictions to what was initially identified on the posters and
- changes in the perceptions of the trainees' group after having watched the episode.

CLOSURE (time: 15 minutes):

- Debriefing with the whole team of trainees using as basis the notes of the trainees on the poster boards
- Invite the trainees in a reflection process: how did the activity made them feel? What are the core outcomes for each one? Why? What is the effect of these outcomes on them? Can they provide examples?

RECOMMENDATIONS:

The activity may serve as an intro to

- ✓ EASY Module 1 Definition and sources of Stereotypes and
- ✓ EASY Module 2 *Typology of Stereotypes*

The activity can be organised for four different groups/levels of audience, the implementation of the activity will require minor adaptation (in terms of terminology used, contextualisation etc) to the needs of the learners, which will be done by the educator.